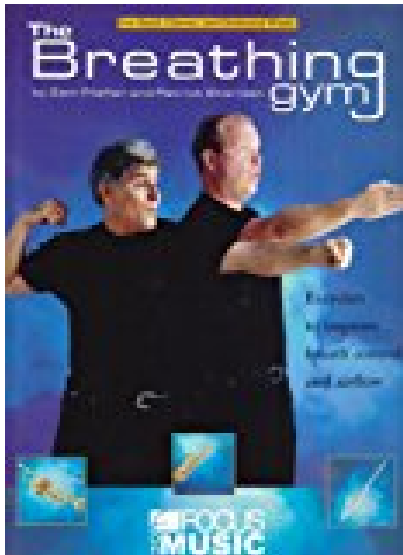


# The Breathing Gym Book & DVD Set By Patrick Sheridan & Sam Pilafian

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## BOOK DETAILS

- Author : Sam Pilafian
- Pages : Pages
- Publisher : Focus on Excellence Inc
- Language : English
- ISBN : 0965580873

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## BOOK SYNOPSIS

Contains breathing exercises for singers and those playing wind instruments. Designed to be used with a group or individually to strengthen breathing technique and improve musical performance.

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