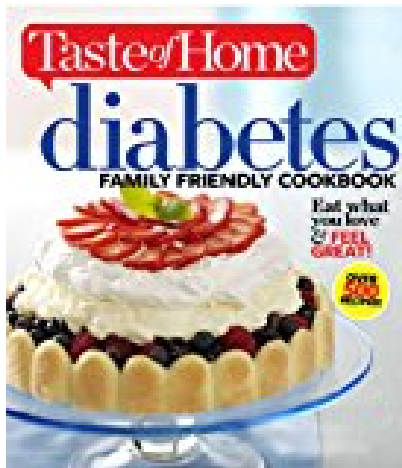


Taste of Home Diabetes Family Friendly Cookbook Eat What You Love and Feel Great! Taste of Home Books



BOOK DETAILS

- Author : Editors of Taste of Home
- Pages : 320 Pages
- Publisher : Readers Digest/Taste of Home
- Language : English
- ISBN : 1617652660



BOOK SYNOPSIS

For many family cooks, it can be hard enough to simply decide what to make for dinner...add in managing diabetes and preparing something everyone will love, and many family cooks may be left wondering where to begin. Look no further! Taste of Home Diabetes Family Friendly Cookbook serves up an enticing collection of slimmed-down recipes that dont skimp on flavor...recipes that include a full spectrum of hearty dishes that are particularly low in sugar, carbs, sodium and fat yet still make mouths water! Best of all, these dishes are shared by other home cooks who know how to set a hot and hearty meal on the table that everyone enjoys! Youll find all your favorites here...bubbling casseroles, classic entrees, steaming soups, oven-fresh breads and luscious desserts! Get ready to dig in, eat healthy and feel great! With Diabetes Family Friendly Cookbook at your fingertips, cooking for your entire family has never been easier. CHAPTERS • Appetizers• Snacks & Beverages• Breakfast & Brunch Breads,Rolls & Muffins• Salads & Side Dishes •Soups & Sandwiches• Beefy Entrees •Poultry Favorites • Pork, Ham & More Seafood Suppers •Cookies & Bars Just Desserts Recipe Sampling Grilled Feta Quesadillas Pineapple Iced Tea Trail Mix Clusters Chocolate Pistachio Biscotti •Cheddar Dill Biscuits •Black Forest Crepes French Toast with Apple Topping•Slow Cooker Fajitas• Easy Burgundy Stew• Chicken Pasta Skillet •Chili Pork Tenderloin• Chocolate Chip Cream Cheese Bars• No-Guilt Brownies• Banana Split Dessert •Chocolate-Dipped Strawberry Cheesecake

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